



DAILY DECLARATION STATEMENTS

In the book of Proverbs, the Bible tells us that the power of life and death is in the tongue. Since that is true, we believe the kind of man we become is largely shaped by the words we say and the things we believe about ourselves. Below you will find daily declarations that apply to many aspects of life. You can speak these over yourself and be reminded of God's truth daily. Depending on the season you may find yourself in, find a few of these declarations and walk in the truth of God's word. You can read them all, pick a few to read daily, or simply use this as a template to create your own daily declarations. Regardless of how you incorporate these into your life, we know that you will become the man that God has called you to be as you speak His word out loud over yourself each day.

I will proclaim the Lord's decree: He said to me, "You are my son; today I have become your father. Ask Me, and I will make the nations your inheritance, the ends of the earth your possession."

— Psalm 2:7-8

- Jesus is first in my life. I exist to serve and glorify Him.
- I love my wife and will lay down my life to serve her.
- My children will love God and serve Him with their whole hearts. I will nurture, equip, train, and empower them to do more for His kingdom than they can imagine.
- I love people and believe the best about others.
- I am disciplined. Christ in me is stronger than the wrong desires in me.
- I am growing closer to Jesus every day. Because of Christ, my family is closer, my body is stronger, my faith is deeper, and my leadership is sharper.
- I am anointed, empowered, equipped, and called to reach people far from God.
- Because the Holy Spirit dwells within me - I am creative, innovative, driven, focused, and blessed beyond measure
- I develop leaders. That's not something I do. It's who I am.
- My words, thoughts, and imaginations are under the power of Christ. I take all thoughts captive and make them obedient to Christ.
- Every day of my life I wake up with purpose, direction, and meaning.
- Because Christ suffered for me pain is my friend. I rejoice in suffering.

- I bring my best and then some. It's what I bring after I do my best that makes the difference.
- Because I served Jesus today the world will be different and better.

HE IS GOD

- You are a good Father.
- You are my God who keeps His word.
- You do not lie. (Numbers 23:19)
- You are faithful throughout all generations. (Psalm 119:90)
- You have overcome the world.
- You love me. (John 3:16)
- In You, I have peace, freedom, and no condemnation.
- You rescue and defend.
- You brought me the Good News.
- You bind up my broken heart. (Psalm 147:3)
- You released me from my prison.
- You are my comfort.

EVERYDAY LIFE WITH JESUS

- The same power that raised Christ from the dead lives in me. (Ephesians 1:19-20)
- Nothing can separate me from God. (Romans 8:38-39)
- Sin has no power over me. (Romans 6:14)
- I have authority over the enemy. (Luke 10:19)
- I can resist the enemy. (James 4:7)
- I can endure all things through Christ. (Philippians 4:13)
- I have the mind of Christ. (1 Corinthians 2:16)
- I have everything I need for life and godliness through the knowledge of Him. (2 Peter 1:3)
- I have eternal life, which is knowing God. (John 17:3)
- I have overcome the world. (John 16:33)
- Greater is He that lives in me. (1 John 4:4)
- I have the ability to choose life. (Deuteronomy 30:19)
- I am shielded by the power of God. (1 Peter 1:5)
- I have the power to tell others about God's love for them. (Acts 1:8)
- God meets all my needs. (Philippians 4:19)
- I have access to my heavenly Father. (Ephesians 2:18)
- I have hope. (Hebrews 6:19)
- The Lord is my shepherd. I shall not want (Psalm 23:1)

BECAUSE OF JESUS...



- I am a child of God. (Galatians 3:26)
- I am a spiritual contributor, not a spiritual consumer.
- I am alive. (Romans 6:11)
- I am a faith-filled, life-speaking, fully devoted follower of Christ.
- I am Christ's ambassador. (2 Corinthians 5:20)
- I am a masterpiece. (Ephesians 2:10)
- I am content in Christ alone.
- I am chosen. (Ephesians 1:4)
- I am determined to love God and people with everything I have.
- I am a child of God. (John 1:12-13)
- I am strengthened by God who upholds me, protects me, and defends me.
- I am joyful. (Galatians 5:22-23)
- I am gentle. (Galatians 5:22-23)
- I am not easily offended and will not hold onto bitterness.
- I am patient. (Galatians 5:22-23)
- I am faithful. (Galatians 5:22-23)
- I am self-controlled. (Galatians 5:22-23)
- I am kind. (Galatians 5:22-23)
- I am known—even before I was born. (Jeremiah 1:5)
- I am steady. (Psalm 91:1)
- I am not alone—God is with me.
- I am loved. (John 3:16)
- I am fierce in confidence and boldness because God is with me.
- I am free. (John 8:32)
- I am healed. (1 Peter 2:24)
- I am called and equipped to go after the righteous desires God puts in my heart.
- I am strong. (1 John 2:14)
- I am fearless. (Isaiah 43:5)
- I am secure. (John 10:28-29)
- I am not a people-pleaser because I answer to God first and seek to please Him.
- I am a new creation. (2 Corinthians 5:17)
- I am not shaken. (Psalm 62:6)
- I am not stuck in worry because Jesus offers peace this world cannot give.
- I am born again. (1 Peter 1:23)
- I am more than a conqueror. (Romans 8:37)
- I am named by God, not labeled by man.
- I am the light of the world. (Matthew 5:14)
- I am mighty in His power. (Ephesians 6:10)
- I am the Church and I exist for the world. (1 Corinthians 12:27)



IDENTITY

- I am loved.
- My value is not based on what I can do, but on what Jesus did.
- My failures do not define me.
- My accomplishments are because of God in me.
- My life is a witness, a city on a hill. (Matthew 5:14)
- I am holy and blameless in Christ.
- I am safe.
- I am accepted.
- I am not condemned.
- I am enough because Jesus is enough.
- God is working in me and through me. (Hebrews 6:10)
- While man may reject me, my God never will.

AS A MAN

- I am the son of the King of all kings.
- I lay down my pride and selfishness, giving all glory to the one true God.
- I love my family like Christ loved the Church—giving Himself up for her.
- I fight for purity, guarding my eyes and heart against tempting situations.
- I seek friendships with other godly men to sharpen my perspective. (Proverbs 27:17)
- I wait for God to open the right doors and take action when He does.
- I'm not defined by my failures or my successes.
- I finish what I start.
- I never give up!
- I will act justly, love mercy, and walk humbly with my God. (Micah 6:8)
- Through Christ, I am strong, gentle, fierce, and compassionate.
- I am a warrior! I stand firm, even when the pain is crippling because God is my strength.
- I will fight the good fight for what matters most. (2 Timothy 4:7)

PROTECTION

- I rest in the shelter of the Most High.
- I remain stable and fixed under the shadow of the Almighty.
- God is my protection whom I confidently trust. (2 Thessalonians 3:3)
- God will save me.
- God's truth and His faithfulness are my cover and defense.
- I will not fear.



- God commands His angels to guard me in all my ways. (Psalm 91:11)
- The Lord will rescue and protect me.
- My God answers me when I call on Him.
- God is with me in trouble.

MINISTRY/BUSINESS

- I am a faith-filled, big-thinking, bet-the-farm risk-taker.
- I will never insult God with small thinking and safe living.
- I show God's love to every person I come in contact with. (John 13:35)
- Neither failures nor successes define my worth.
- God is my defender, negotiator, and guide.

PARENTING

- Every child is a gift from God. (Psalm 127:3)
- God has given me everything I need to teach my kids about Him.
- I am capable of leading with the love of Christ rather than the fear of punishment.
- I am intentional to leave my children with an eternal legacy. (Deuteronomy 6:5-9)
- I will encourage, build up, and instill truth in my children.
- In our house, we forgive, we give grace, and we always love.
- I will never give up, even when parenting is hard.
- I can be patient and kind because the Holy Spirit helps me. (Galatians 5:22-23)
- I will pray for my children because God hears my prayers.

FRIENDSHIP

- I assume the best about others.
- I am a good friend.
- My friends and family love me.
- I am kind and loving.
- My lovingkindness will speak for itself so I don't have to.
- I love because Love lives in me.
- I shut my mouth when I want to complain.
- I speak life!
- I encourage others daily.
- Joy is my reputation.
- I represent Christ well to my friends.

SHAME



- I am not defined by what I have done.
- God's grace is more powerful than my sin.
- I am forgiven when I turn to God for salvation because Christ already paid my debt.
- My record has been wiped clean. (Psalm 103:12)
- Even when others remind me of my past, I will not let it limit my future.
- I am a new creation. (2 Corinthians 5:17)

TEMPTATION / ADDICTION

- God always provides a way out, and I will take it. (1 Corinthians 10:13)
- I am free from sin's trap.
- No temptation is greater than my God.
- He will help me; I only need to ask. (Matthew 7:7)
- God is stronger than my appetite.
- Jesus' name is above my addiction
- I crave the Word of God more than addiction.
- God has given me the power to stand against temptation.
- I submit to God and resist the devil. (James 4:7)

DISCOURAGEMENT / HOPE

- When there is no hope, Jesus fills me with hope. (Romans 15:13)
- I am not a rejected soul because God continuously pursues me.
- I take my thoughts captive and align them with God's perspective.
- I can put my hope in God's promises because He is trustworthy. (Numbers 23:19)
- I have a choice—today I will choose life!

FEAR/ANXIETY

- I will not be afraid because God is with me. (Isaiah 41:10)
- I turn to Jesus because He offers peace that this world cannot give.
- I will not be a slave to fear. (Galatians 4:7)
- I am safe in Christ.
- God is my shelter and my hiding place. (Psalm 32:7)
- The peace of God will guard my heart and mind.

HEALING/HEALTH

- God's Word is nourishment to my body and soul.



- God sustains me. (Psalm 54:4)
- God is my help.
- God alone has the power to heal.
- God says to ask, and seek, and knock, so that is what I will do.
- I believe that God can. I believe that God will. But even if He doesn't, I still believe.
- The same Spirit that raised Jesus from the dead lives within me.
- The life of God within me restores my health.
- The devil is already defeated.
- Even though I walk through the valley of the shadow of death, I will not fear! (Psalm 23:4)
- I rely on God's strength because when I am weak, I am strong. (2 Corinthians 12:9-10)

FINANCES

- God can do more than I can ask, think, or imagine.
- I am not saying this because I am in need, for I have learned to be content whatever the circumstances. Philippians 4:11
- I am irrationally generous because God is irrationally generous. (Romans 5:8)
- God does the multiplying—it's my job to obey.
- Steady plodding brings prosperity: and hasty speculation brings poverty. Proverbs 21:5
- But if we have food and clothing, with these we will be content. 1 Timothy 6:8
- I am a lender, not a borrower.
- It really is more blessed to give than to receive. (Acts 20:35)
- I am intentional to leave my children with a financial legacy

FINISH STRONG

- I will pick up my cross daily and follow Jesus, no matter the cost.
- I run the race to finish strong. (1 Corinthians 9:24)
- In Christ, I can do hard things.
- God will complete the work He first began in me. (Philippians 1:6)
- Christ will be my strength and I will persevere.
- I will not lean on my own understanding, but on Christ.
- Greater is He who is in me than he who is in the world. (1 John 4:4)
- Nothing the enemy throws at me is more powerful than Jesus.
- The Holy Spirit fills me and shows me the way.

