

# 10 ESSENTIALS FOR MEN

Spirit | Week Eight

## 8. WORSHIP

### Thought

Worship is more than a song; it is a mindset. Worship is a choice we make about how we will live our lives. CeCe Winans says, “Worship is not about the song you sing; it’s an overflowing expression of your love relationship with Jesus.” As worshipers, we choose to let the love of Jesus flow out of every moment of our lives - not only in powerful and emotional moments, but also in the mundane. Let’s choose to reflect the love of Jesus in everything we do – in our marriages, with our children, at our workplace, in our small group, and with our friends. Choose to make your life a life of worship.

### Scripture

*“But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.”*

— John 4:23 NIV

### Discussion Questions

- How does the above definition of worship change the way you think about worship?
- Discuss with the group how worship is present in your daily life.
- Unpack with the group one way you could show worship by serving or being kind to someone this week.

### Action Step

Create time in each day where you can worship the Lord and find one thing to be thankful for.



HIGHLANDS MEN